

## $\textbf{S}_{\text{pecific}} \ \textbf{M}_{\text{easurable}} \ \textbf{A}_{\text{djustable}} \ \textbf{R}_{\text{ealistic}} \textbf{T}_{\text{ime-oriented}}$

Short-term goals Example: Pay off \$600 Credit Card Debt	Amount To Save Each Month \$100/month	x	Target Date/ Time Frame 6 months		Estimated Cost \$600
	\$			\$ -	
Medium-term goals Example: Down payment on new car	\$ \$280/month			= _ \$	\$5,040
Long-term goals	\$			\$	
				-	

