

Please take a few minutes to answer the following questions as truthfully as possible. These items may provide ideas for financial goals in the short or long term.

		Yes	No
1.	Do you feel like you're in control of your money?		
2.	Do you have a spending plan/budget—in writing?		
3.	Do you have financial goals—in writing?		
4.	Do you have an adequate emergency fund of at least three to six months of income?		
5.	Do you regularly track your spending using a method such as a receipt can, ledger, envelopes, account book, or computer program?		
6.	Have you calculated your net worth in the past year?		
7.	Do you regularly talk with family members about money/financial goals?		
8.	Are you "on track" with saving money for long-term financial goals?		