# **LESSON PLAN**

**Protecting Yourself Online** 



#### INCLUDED IN THIS PACKAGE

- LESSON PLAN (2 pages)
- ACTIVITY A (4 pages)
- ACTIVITY B (1 page)
- QUIZ (1 page)
- ACTIVITY A ANSWER KEY (1 page)
- ACTIVITY B ANSWER KEY (2 pages)
- QUIZ ANSWER KEY (1 page)

#### COLLECT FROM YOUR LIBRARY

- **VIDEO 03** (Foiling Identity Theft)
- VIDEO 31 (How to Spot Scams)
- **HANDOUT 03** (Foiling Identity Theft)
- HANDOUT 31 (How to Spot Scams)
- PRESENTATION 03 (Foiling Identity Theft)





## **LESSON PLAN**

### **Protecting Yourself Online**

GRADES
7 to 12

TIME
45 minutes



#### OVERVIEW

In a connected world, keeping your personal information safe is essential. This lesson will familiarize students with common types of scams they may encounter online, as well as common mistakes people make in protecting their personal data.

#### GOALS

- Help students to spot common online scams and protect sensitive personal information
- Equip students to decide what not to share on social media

#### **OBJECTIVES**

- Demonstrate the importance of keeping various forms of personal information secure
- Break down different types of online scams and common scam tactics
- Identify mistakes in social media posts that could compromise data security
- Spot the warning signs of various scams in a suspicious email

#### ASSESSMENT

Activities A and B can be used to gauge student understanding. An optional quiz has been provided with this lesson plan (the quiz is not factored into the lesson's 45-minute runtime).

Did you know? This lesson plan explores concepts from Standard 6 (Protecting & Insuring) from the Council for Economic Education's National Standards for Financial Literacy.

#### MATERIALS

- **VIDEO 03**—Foiling Identity Theft
- **VIDEO 31**—How to Spot Scams
- ☐ **HANDOUT 03**—Foiling Identity Theft
- ☐ **HANDOUT 31**—How to Spot Scams
- ☐ **PRESENTATION 03**—Foiling Identity Theft
- **ACTIVITY A**—Spot the Social Media Mistakes and Answer Key
- **ACTIVITY B**—The Warning Signs of Scam Email and Answer Key
- ☐ **QUIZ**—Protecting Yourself Online and Answer Key

#### PREPARATION

- Gather digital materials (videos and presentation)
- Print HANDOUT 03 and HANDOUT 31 for each student
- (Optional) Print QUIZ (Protecting Yourself Online) for each student
- Print and cut out cards for ACTIVITY A
- Prepare ACTIVITY B by printing out physical copies for students and preparing a copy for in-class display



# **LESSON PLAN**

### **Protecting Yourself Online**

#### TIMELINE

**5 minutes** Introduce topic and show

**VIDEO 03** (Foiling Identity Theft)

10 minutes Go over PRESENTATION 03

**10 minutes** Divide students into small

groups and distribute

ACTIVITY A; go over the correct

answers together as a class

5 minutes Show VIDEO 31 (How to

Spot Scams)

**10 minutes** Divide students into small

groups and distribute

**ACTIVITY B**; go over correct answers together as a class

**5 minutes** Wrap up and distribute

**HANDOUT 03** and **HANDOUT 31** 

(Optional) Assessment: QUIZ (Protecting

Yourself Online)

#### INSTRUCTIONS

- Introduce the topic: "Protecting yourself online is an extremely important part of your personal security, especially when it comes to finances." Ask the class:
  - What are some methods you use to protect yourself online?
- 2. Show VIDEO 03
- 3. Go over PRESENTATION 03
- 4. Distribute **ACTIVITY A** 
  - Have students divide into small groups
  - Provide each group with a social media postcard, and have them determine what's wrong with the post
  - Display the cards for the class and go through each social media post, having each group provide their answers; go over all answers with the class and provide any missing answers
- 5. Show VIDEO 31

#### 6. Distribute **ACTIVITY B**

- Have students break into small groups and give each group a copy of the provided sample email sheet
- Write scam types on board, or display them for the class
- Allow students time to spot types of scams and mark them on their sheets
- Display the email sheet for the class and go over the answers together
- 7. Wrap up by sharing the following:
  - Your personal data is valuable, and can be bought and sold without you knowing; treat it like any other valued possession and keep it safeguarded
  - Remember to stay vigilant for external hazards, and also not give out too much information about yourself
- 8. Distribute **HANDOUT 03** and **HANDOUT 31** as take-home materials
- 9. (Optional) Distribute **QUIZ** for individual assessment, or answer the questions together as a class

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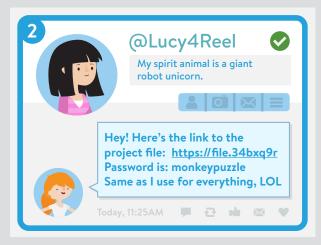
# **ACTIVITY A**

### **Protecting Yourself Online**

#### SPOT THE SOCIAL MEDIA MISTAKES

Directions: Determine what's wrong with each social media post.







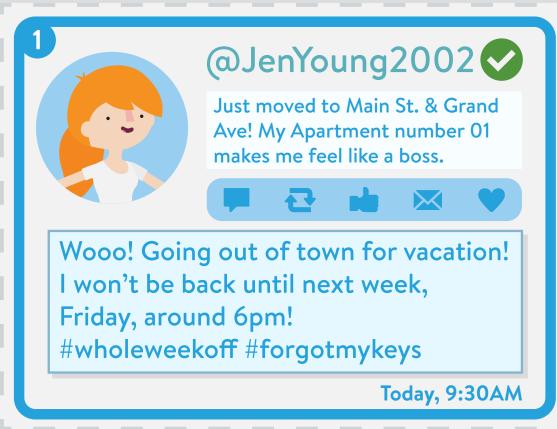






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Directions: Determine what's wrong with each social media post.





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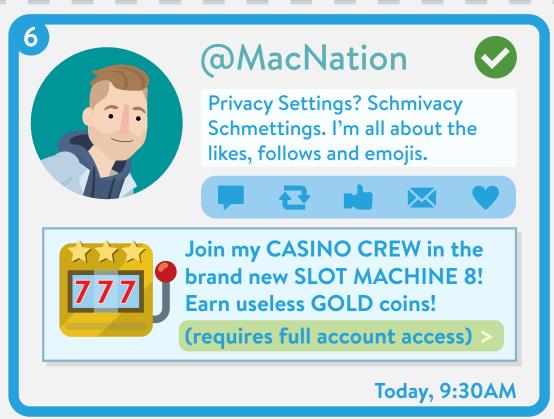


**Today, 2:45PM** 

#### SPOT THE SOCIAL MEDIA MISTAKES

Directions: Determine what's wrong with each social media post.







#### THE WARNING SIGNS OF SCAM EMAIL

Directions: Identify various types of scams included in this email.





# **QUIZ**Protecting Yourself Online

TOTAL
/ 5 pts

#### MULTIPLE CHOICE

Directions: CIRCLE the best possible answer to each question.

- The best way to protect your computer against viruses is to install regular updates to:
  - a. Your anti-virus software
  - b. Your firewall software
  - c. Your operating system
  - d. All of the above
- 2. Which one of these procedures won't protect you against identity theft?
  - Keep your firewall, anti-virus and operating system software up to date
  - b. Enable spam filters on your email accounts
  - c. Plug your computer into a powerbar instead of a wall outlet
  - d. Look out for sketchy links and emails
  - e. Don't overshare on social media

- 3. You receive an email offering you part of a huge sum of money if you can help move it to your country. What do you do?
  - a. Take the offer and wait for free money
  - b. Delete the email and mark it as spam
  - c. Forward the message to some friends just in case it's legit
  - d. Reply with a witty retort to their scam attempt
- 4. Your computer has been hacked with a message demanding that you pay to unlock your files. This type of attack is known as:
  - a. Lockerware
  - b. Ransomware
  - c. Burglarware
  - d. Denialware

/4 pts

#### TRUE OR FALSE

Directions: CIRCLE either true or false.

5. TRUE or FALSE Messages with the logo and branding of a well-known company should always be trusted.

/1 pt



# **ACTIVITY A ANSWER KEY**

### **Protecting Yourself Online**

#### SPOT THE SOCIAL MEDIA MISTAKES

Directions: Go through each social media post, displaying them for the class. Have student groups provide the problems they've noticed with their assigned post, then fill in any missing answers.

POST	PROBLEMS
01	<ul> <li>'2002' in user name could be a reference to birth year, which you should keep private; never use numbers related to your age or birthday</li> <li>Revealing address information and apartment number is a bad idea, no matter the context</li> <li>Broadcasting when you'll be out of town can help scammers and thieves target you</li> </ul>
02	<ul> <li>Don't send any professional or work-related files on public social networks</li> <li>Revealing passwords is a terrible idea</li> <li>Never use the same password for everything; use unique passwords or a password manager</li> </ul>
03	<ul> <li>'16' in user name could again be a birth year/age reference</li> <li>Online personality quizzes and other third-party sites may be trying to collect your data</li> <li>Unknown contests and promotions offering you prizes can be scams in disguise; if something sounds too good to be true, it probably is</li> </ul>
04	<ul> <li>Over-sharing too much personal information can make you an easy mark for ID theft and other scams</li> <li>Having a public profile on social media sites increases your exposure to online dangers</li> <li>Putting too much info in an out-of-town message is a classic over-share; this applies to 'out of office' automated email messages as well</li> </ul>
05	<ul> <li>'2468' in username could be a reference to a PIN for bank card of cellphone use. Never use the digits in a PIN as part of a username. If numbers are needed to create a unique username, use random ones and never digits related to PIN numbers or passwords.</li> <li>Saying yes to friend requests from anyone could expose you to fake profiles linked to bots and scammers</li> <li>Suspicious messages from old acquaintances asking for something can sometimes be fake accounts assuming the identity of your social media friend; be wary of any suspect requests</li> </ul>
06	<ul> <li>Knowing and fully utilizing privacy settings on your preferred social media sites is a very important part of keeping yourself protected online; you may be sharing more data than you want to, without even knowing it</li> <li>Third-party apps and programs can contain malicious code, or can link to sites that do. Use only trusted sources for games and online apps. Be wary of any apps that require broad access to your account information.</li> </ul>

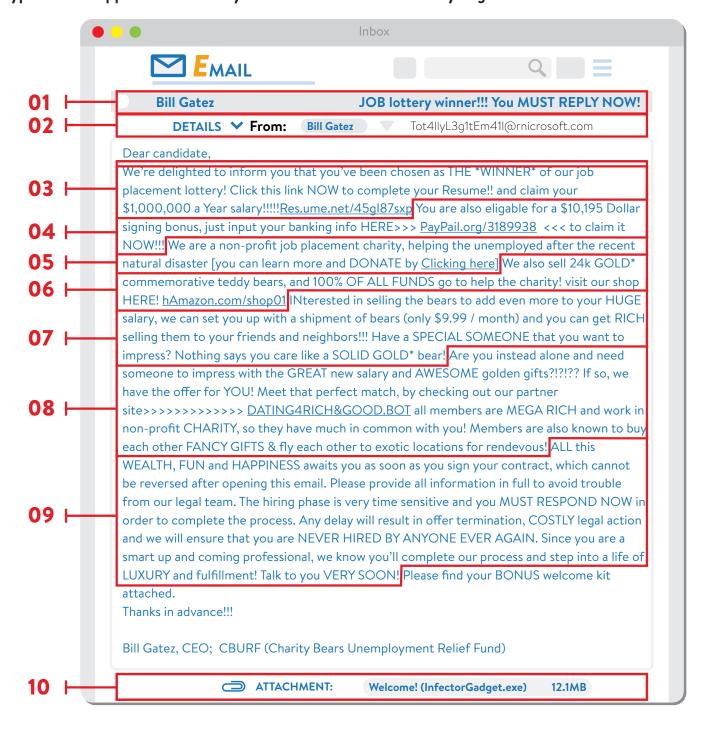
### MONEY THING®

# **ACTIVITY B** ANSWER KEY

Protecting Yourself Online

#### THE WARNING SIGNS OF SCAM EMAIL

Directions: Write the following terms on the board or display them for the class. Unexpected Money/ Winnings, Buyer/Seller Fraud, Fake Charities, Dating Schemes, Get-Rich-Quick Schemes, Threats and Extortion, Identity Theft. Go over the example email and have students provide the places where each type of scam appears. Provide any answers the students miss as you go over each answer with the class.





# **ACTIVITY B** ANSWER KEY

### **Protecting Yourself Online**

#### THE WARNING SIGNS OF SCAM EMAIL

Directions: Go over the example email, then have students provide which scams they've spotted and where they appear. Point out and explain any examples that students missed.

ITEM	TYPE OF SCAM OR WARNING SIGN
01	Urgent and pushy subject line, meant to get you to act before you think.
02	Suspicious email address and domain name. If you're unsure about an email, always check the email address and domain name of the sender. Scammers may use their contact name, or domains that similar to the real thing (rnicrosoft.com) to try and trick you.
03	Unexpected money or winnings. Be wary of fake contests that are set up to trick you into entering your personal info, which can be used for identity theft and other scams.
04	Identity theft—never enter banking information online unless the website is trusted and confirmed safe. Any personal or banking information you provide can be used to create fake accounts and profiles that steal your identity.
05	Fake charities—beware of suspicious crowdfunding and charity sites. Fake charities will prey on your urge to help others or support a worthy cause, but pocket the money themselves.
06	Buyer/seller fraud—some items sold online may be knockoffs or outright fake postings. For any items you buy online, make sure the seller is on a trusted site, and backed up by a certified company identity and solid reviews from verified past purchasers.
07	Get-rich-quick scheme—avoid pyramid schemes and offers that require you to pay up front for the promise of riches in the future.
08	Dating scheme—scammers will sometimes use fake dating profiles to form online relationships, then leverage that emotional bond to ask for gifts or expenses, disappearing once they get the cash or items.
09	Threats and extortion—scammers use threatening and pushy language to get you to act before you can think or investigate. Made-up threats of dire consequences are used to bully you into providing personal data you otherwise wouldn't.
10	Sketchy file attachment. Beware of opening file attachments from questionable sources. Attachments can contain malicious code like spyware and viruses.



# **QUIZ** ANSWER KEY

### Protecting Yourself Online

#### MULTIPLE CHOICE

Directions: CIRCLE the best possible answer to each question.

- 1. The best way to protect your computer against viruses is to install regular updates to:
  - a. Your anti-virus software
  - b. Your firewall software
  - c. Your operating system
  - d.) All of the above
- 2. Which one of these procedures won't protect you against identity theft?
  - a. Keep your firewall, anti-virus and operating system software up to date
  - b. Enable spam filters on your email accounts
  - c. Plug your computer into a powerbar instead of a wall outlet
  - d. Look out for sketchy links and emails
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- 3. You receive an email offering you part of a huge sum of money if you can help move it to your country. What do you do?
  - a. Take the offer and wait for free money
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- 4. Your computer has been hacked with a message demanding that you pay to unlock your files. This type of attack is known as:
  - a. Lockerware
  - (b.) Ransomware
  - c. Burglarware
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/4 pts

#### TRUE OR FALSE

Directions: CIRCLE either true or false.

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Messages with the logo and branding of a well-known company should always be trusted.

/1 pt